



## DIGITAL UPSKILLING - METHODS FOR IMPROVING SKILLS OF PEOPLE WITH A LOW DIGITAL COMPETENCE

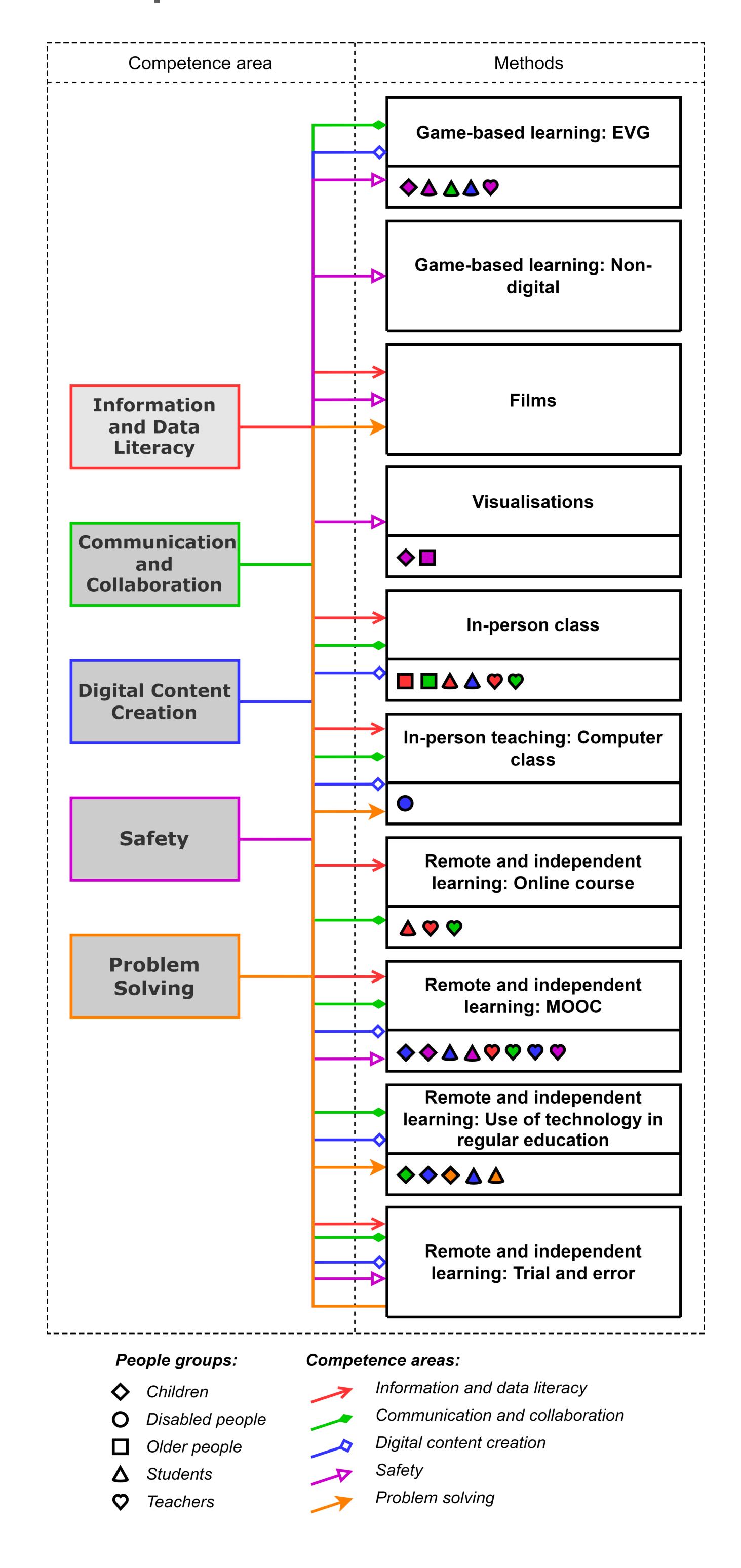
The European Commission has set ambitious digital goals till 2030: offering 100% of public services online<sup>2</sup>. But not all European Citizens have sufficient skills to use digital services<sup>1</sup>.

A systematic literature review (81 papers) identifies methods suitable for digital upskilling.

Not every method can always be applied. They are matched to skill and user characteristics in a decision tree. Overall, five groups (Gamemain learning, Films based Videos, Visualizations, Inperson teaching, Remote & independent learning) with further subgroups of methods are identified. Combinations of methods (e.g., use of GBL within a classroom setting) can further increase learning effects.

Teachers are identified as especially important in digital upskilling. Prioritizing their digital education can support digital upskilling sustainably.

## What methods of upskilling are suitable for citizens with a low digital competence in Europe?



<sup>[1]</sup> Courtois, C., Verdegem, P.: With a little help from my friends: An analysis of the role of social support in digital inequalities. New media & society 18(8), 1508-1527 (2016)

<sup>[2]</sup> European Comission: 2030 Digital Compass: the European way